

## CORPORATE CHAIR MASSAGE SERVICES

### Benefits of Chair Massage

for employees	for employers:
No up-front investment	Reduces muscle tension
Cost effective service	Reduces stress
Flexible service	Boost alertness
Lowers health care cost	Lowers blood pressure
Increases employee effectiveness	Increases circulation
Reduces employee turnover	Calm s nervous system
Affordable wellness program	Provides rejuvenation
Great employee incentive	
Enhances work relations	

How chair massage services can be implemented into your business:

- Designate a coordinator for scheduling
- Identify a location for service
- Set up a trial event (wellness program, health fair, or employee appreciation day)
- Encourage employees to give it a try

Cost for office chair massage usually runs \$ 1 per minute (\$ 10 for 10 minutes)  
 10 minutes per person (\$ 10 per employee) @ 5 employees per hour = \$50

Payment options:

- Employer pays 100%
- Employee pays 100%
- Employer pays 50%, employee pays 50%
- Employer pays 60%, employee pays 40%

Payment for services rendered will be paid the day of chair massage event. Payment accepted in the form of cash, check, or credit card (Visa or MasterCard).



How often chair massage can be implemented into your business:

- Once per month
- Once every other month
- Once every 3 months

All chair massage services will be provided by NC Licensed Massage & Bodywork Therapists, with current liability insurance coverage. Multiple therapists can be utilized if needed. We will provide all equipment and supplies needed for your chair massage event.

Corporate Sponsorship program:

20% discount off of any 60 minute or more service at Skin & Body Solutions for employees and employers, if you implement chair massage services into your business.

**Set up your office chair massage event today!**