

## Services Packages

This is the best and most affordable option to receive services on a regular basis with a built in continuous discount with no membership contract. Packages are available in vouchers and can be shared between friends and family. Installment payments can be made on a monthly basis. Packages are valid 3 to 6 months from the original purchase date.

### Therapeutic & Reflexology Massage

30 Minutes: 3 @ \$100/6 @ \$200

60 Minutes: 3 @ \$160/6 @ \$325

90 Minutes: 3 @ \$220/6 @ \$450

### Hot Stone & Prenatal Massage

30 Minutes: 3 @ \$125/6 @ \$250

60 Minutes: 3 @ \$185/6 @ \$375

90 Minutes: 3 @ \$250/6 @ \$500

### Fertility Massage

60 Minutes: 3 @ \$210/6 @ \$425

90 Minutes: 3 @ \$275/6 @ \$550

### Skin Care Services

Express Facial: 3 @ \$110/6 @ \$225

Oxygenating Facial: 3 @ \$160/6 @ \$325

Chemical Peels: 3 @ \$185/6 @ \$375

Microcurrent: 3 @ \$210/6 @ \$425

Microdermabrasion: 3 @ \$235/6 @ \$475

## Client Loyalty Program

### Client Referral Bonus

Receive a \$5 NurturedBody certificate for each new client presenting a New Client Referral coupon worth \$10.

### Individual Appointment Bonus

If you schedule your next appointment **on the same day of your visit**, receive Nurtured Body Dollars for redemption on your next appointment scheduled within 30 days.

### Package Bonus

If you purchase a Service Package on **the same day of your visit**, receive 1 additional session FREE! (must be scheduled within 90 days)

## Policies

### Appointment Scheduling

All individual services are scheduled by appointment only. All appointments are subject to a 24-hour cancellation notice.

### Late Arrivals

Late arrivals for scheduled appointments will not receive an extension of their service due to other client scheduling. Please arrive 15 minutes prior to your 1<sup>st</sup> appointment to complete necessary paperwork and consultation.

### Cancellations

A 24-hour prior notice is required for any cancellation or rescheduled appointments.

### Gift Certificates

- ❖ Valid and expire 3 months (90 days) from the original purchase date.
- ❖ Are non refundable, non transferable & non redeemable for cash, credit or retail products
- ❖ Must be presented at the time of use.
- ❖ Lost or stolen certificates will not be re-issued or accepted.
- ❖ Use must be scheduled by appointment

### Corporate Services

Corporate services are discounted 20% on 60 or 90 minute services, and are available to employees of corporate businesses.

### Forms of Payment

All services may be paid by cash, check or credit card. Visa, MasterCard, Discover, and American Express are accepted. Returned check charge of \$15, repayable by cash or credit card.

### Office Hours

By Appointment Only  
Mon-Wed-Fri: 10am-6pm  
Tues & Thurs: 10am-8pm  
Sat: 10am-4pm

Additional days/hours available with additional \$15 service fee

Closed all major holidays

### On-Site Hours

Available on a daily "On Call" basis for Hotels and Bed & Breakfasts with a 24 hour prior notice. Additional \$20 service fee on holidays.

All rates, services, packages and policies are subject to change at any time (3/5/10).

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1400 Battleground Ave, Suite #208-C  
Greensboro, NC 27408  
(@ The Executive Forum, 2<sup>nd</sup> Level)

**336-207-9832**

### Massage

Therapeutic

Hot Stone

Prenatal

Fertility

Reflexology

Couples

Chair

### Skin Care

Facials

Peels

Waxing

Organic Skin Care

Organic Mineral Makeup

Gift Certificates

Service Packages

Client Loyalty Program

Corporate Services

On-Site Services

Dee Manieri

Licensed Massage & Skin Care Therapist

LMBT#7314, LE#564

[www.nurturedbody.com](http://www.nurturedbody.com)

## Skin Therapy

### Express Facial: ..... \$45

30 minutes – Quick cleansing, exfoliation , mask &moisturizer for your skin type & condition.

### Oxygenating Acne Facial: ..... \$65

60 minutes – skin treatment infused with oxygen products to target enlarged pores, bacteria and control breakouts. Recommended for acne, oily skin types.

### Oxygenating Hydrating Facial: ..... \$65

60 minutes – skin treatment infused with oxygen products to target dryness, sensitivities and redness. Recommended for dry, sensitive, rosacea or combination skin types.

### Oxygenating Anti-Aging Facial: ..... \$65

60 minutes – skin treatment infused with oxygen products to target sun damage, fine lines & wrinkles and skin elasticity. Recommended for mature skin types.

### Stone Journey Back Facial:..... \$75

60 minutes - skin treatment for the back to target conditions for your particular skin type., with hot stone back massage.

## Skin Care Specialties

Add-On these additional skin care specialty treatments to any facial service for just \$30!

### Chemical Peel

Chemical exfoliation treatment using Glycolic, Salicylic & Malic acids, recommended for sun damage, fine lines & wrinkles, enlarged pores & acne scarring. Facial included with treatment.

### Microcurrent Treatment

Galvanic current used to lift, sculpt & tone the facial & neck area, recommended for fine lines & wrinkles, sagging skin, poor elasticity & sallow or lack luster skin. Facial included with treatment.

### Microdermabrasion

Mechanical exfoliation treatment using diamond-coated abrasive tips with a vacuum system, recommended for sun damage, fine lines & wrinkles, enlarged pores & acne scarring. Facial included with treatment.

### Microcurrent Eye Treatment

Galvanic current used to lift & sculpt the eye area, recommended for sagging, drooping, dark circles & fine lines & wrinkles.

## Waxing

### Women

Brows .....	\$15
Lip.....	\$10
Chin.....	\$10
Neck.....	\$10
Cheeks:.....	\$10
Sideburns .....	\$10
Brows. Lip & Chin .....	\$30
Full Face.....	\$45
Underarms.....	\$20
Half Arms .....	\$25
Full Arms .....	\$35
Half Legs.....	\$40+
Full Legs: .....	\$65+
Full Legs & Basic Bikini .....	\$90+
Basic Bikini .....	\$35+
French Bikini .....	\$45+
Brazilian Bikini:.....	\$65+
Stomach:.....	\$10

### Men

Nose.....	\$15
Ears.....	\$15
Nose & Ears.....	\$25
Back .....	\$60+
Chest.....	\$60+
Back & Chest .....	\$110+
Neck.....	\$15
Shoulders .....	\$15
Neck & Shoulders .....	\$25

+Prices may be higher based on specific needs

## Add-On Treatments

Add-On these additional treatments to any service at a discounted rate!

Brow Wax.....	\$10
Lip Wax.....	\$10
Brow Tint .....	\$10
Lash Tint .....	\$10
Reflexology.....	\$15
Hand Treatment .....	\$15
Foot Treatment .....	\$15
Back Treatment.....	\$20
Ear Candling .....	\$20
Full Makeup Application .....	\$25

## Makeup

Brow Tinting .....	\$15
Lash Tinting.....	\$15
Brow & Lash Tinting.....	\$25
Makeup Color Matching .....	N/C
Full Makeup Application .....	\$40
Makeup Lesson .....	\$55

## Massage Therapy

### Therapeutic Massage

Recommended for relaxation, stress & muscle tension relief (combination of Swedish & Deep Tissue)

**30 minutes: ..... \$40**

**60 minutes: ..... \$65**

**90 minutes:..... \$90**

### Stone Journey Massage

Recommended for relaxation stress ,and muscle tension relief with warm stones.

**30 minutes: ..... \$50**

**60 minutes: ..... \$75**

**90 minutes:..... \$100**

## Mother Nurture Services

### Prenatal Massage

Recommended after the 1<sup>st</sup> trimester pregnancy and during the length of your pregnancy

**60 minutes: ..... \$75**

**90 minutes:..... \$100**

### Fertility Massage

Recommended for preconception issues, can be utilized with other preconception methods.

**60 minutes:..... \$85**

**90 minutes:..... \$110**

### Sole Therapy Reflexology

Pressure point massage (reflexology) on the hands & feet for pain and internal disorders.

**30 minutes: ..... \$40**

**60 minutes: ..... \$65**

### Twice is Nice Massage

Therapeutic or Hot Stone massage for two.

**30 minutes: ..... \$80+**

**60 minutes: ..... \$130+**

90 minutes: ..... \$180+

+ Prices may be higher bases on specific needs

## On-Site Services

### Therapeutic Massage

\$30 additional fee per person for 60 or 90 minute services at your location. We provide everything needed with a therapeutic touch!

### Therapeutic Chair Massage

\$65 per hour for 5 people per hour. This is a great idea for office, party, girls/guys night out, or bridal shower!